

What is Personal Information?

ACCESS TO INFORMATION

Personal information is any kind of recorded information about you. Under access and privacy laws, personal information can include:

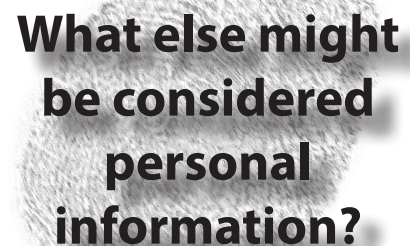
- your name
- your home address, phone number, or email address
- your age, gender, sexual orientation or family status
- your ancestry or nationality
- your religion
- your political beliefs
- your education
- your job
- how much money you have
- your Social Insurance Number and numbers on your passport, driver's licence, bank card or credit card

As a student, your personal information can include recorded information about:

- your grade and school
- test results and grades
- your participation in various activities (sports teams and clubs)
- your personal interests (music, art, drama, etc.)
- your image (in photos or videos)

Personal health information includes:

- information about your health and health history
- information about the type of care or treatment you are receiving (including medications you are taking)
- your Personal Health Identification Number, which is a number unique to you



**What else might
be considered
personal
information?**

Public-sector organizations, such as provincial government departments, municipal governments, school divisions, universities, colleges and others, collect our personal information during the course of their regular activities. In Manitoba, the Freedom of Information and Protection of Privacy Act gives us the right to access our personal information held by those public-sector organizations. The Personal Health Information Act allows us to access any personal health information held by those same public-sector organizations, and it also allows us to access our health information held by health-care facilities and health-care providers (such as doctors, dentists and other health professionals).

Why is it important to have the right of access to our own personal and personal health information?